

APRIL is National OCCUPATIONAL THERAPY MONTH



Occupational
Therapy

Passion. Purpose.
Possibility.

#OTMonth

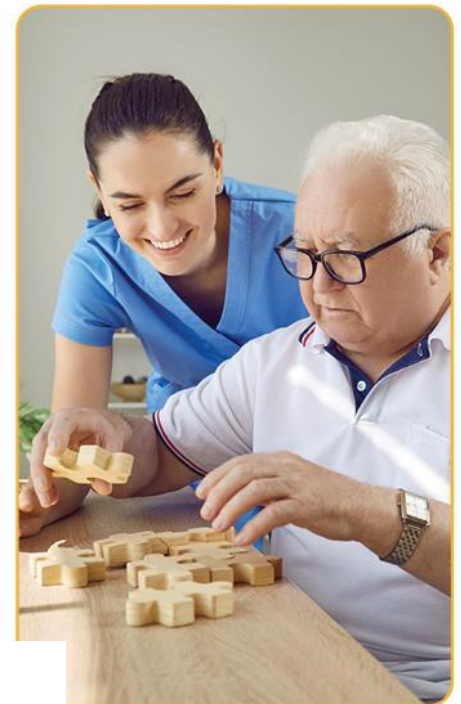
aota.org

Occupational Therapists help people of all ages to live more independent and productive lives.

How Can An Occupational Therapist Help?

Occupational therapists can help aging adults remain active and live well despite limitations. Some of the main benefits of participating in occupational therapy for older adults include:

- Improved Quality of Life
- Restored Function
- Improved Activities of Daily Living
- Reduced Risk for Falls
- Improved Self-Confidence & Happiness
- Increased Awareness of Safety Precautions in the Home
- Continued Independence



Asbury Towers Retirement Community, Inc.
102 West Poplar Street Greencastle, IN 46135
Phone 765-653-5148 FAX 765-653-5587
Rod Jackson, Executive Director