## THE TRUMPETER

June 2025

June
Birthdays!

Tower and Village
Birthdays

Shawn P.

June 4

Della D. June 25

Staff Birthdays

Janet Hroch
June 2

Makayla Reeves
June 6

Anna Logan

June 8

Jennifer Horn
June 15

Tiffany Jones

June 20

Jennifer Osborne
June 23

Kris Beck
June 24

Ashley Malayer

June 24

Asbury Towers Retirement Community 102 W. Poplar St., Greencastle, IN, 46135 765-653-5148 | www.AsburyTowers.com

### Koolers Knob

You could say I was the class clown in grade school. I pranked a lot of my classmates (and teachers!) and was on the receiving end of my share of pranks as well. As a kid. I loved to make people laugh. When the first day of summer officially arrived, I loved to answer our phone at home, "Ahlbrand Summer Home...some are home, some are not!" And then, I'd giggle and get more serious about

the call. A lot of callers didn't get my brand of humor...I'm still a little bothered by that!

But now that summer has nearly arrived, I always think back to the summers I spent as from the time I was 2 years old up through college with my grandparents. As soon as school



From the Executive Director's Desk By Eric Ahlbrand

mer home until after Labor Day. They had a place in the Hoosier National Forest with a private lake on top of a hill about 20 miles from Seymour. During the summertime, I would see most of my uncles, aunts, cousins and even siblings, cousins and other long-lost family members of my grandparents; everyone wanted to come to "Koolers Knob" on vacation. It

was out, I would go to

my grandparents' sum-

wasn't fancy, but the food was great, the water was clear (and well-stocked with largemouth bass, bluegill and crappie), and you could always count on lots of laughter and games throughout your stay. The beverages flowed freely as well, but I won't go into detail on that!

(Continued on Page 8)

## Check Your Mailbox Daily, Please

Any letters from Medicare, Medicaid and Insurance about changes to your benefits should be shared with the Business Office as soon as you get the letters so you don't lose coverage.

We have had some Assist- check your AL ma ed Living folks lose coverage re- usually arrives after cently because they did not pick up through Saturday.

their letters in a timely manner or they ignored the notices. These letters are important, and we don't want you to lose out on benefits you have earned or purchased.

So, we are urging you to check your AL mailbox daily. Mail usually arrives after 4 p.m. Monday through Saturday.

**Executive Director** 

Eric Ahlbrand
eahlbrand@asburytowers.com

Medical Director
Dr. Craig Johnson

<u>Director of Nursing</u> Audra Rose, DON arose@asburytowers.com

Assist. Director of Nursing Ashley Salsman, ADON asalsman@asburytowers.com

Business Office Manager
Jessie Hoskins
jhoskins@asburytowers.com

<u>Chaplain</u>

Jim Staggers
jstaggers@asburytowers.com

<u>Dining Services</u> <u>Justin Homler</u> jhomler@asburytowers.com

Environmental Services
Ashley Dickerson
adickerson@asburytowers.com

Human Resources
Kris Beck
kbeck@asburytowers.com

Life Enrichment
Marty Flatt
mflatt@asburytowers.com

Michelle Case, RN, MDS mcase@asburytowers.com

Maintenance Supervisor
Darby King
dking@asburytowers.com

Social Services
Lisa Smith
Ismith@asburytowers.com

## When you have questions, these folks can answer them

AL residents need to go to Second Floor Nursing for questions about appointments, transportation, medication, help finding lost things (glasses, remotes, keys), help making their beds, etc. Call Front Office at Ext. 100 for maintenance requests.

Contact Activities at 117 to reserve space for private gatherings, such as birthday parties, in the Private Dining Room or on Patio.

parties, in the Pr	rivate Dining Room or on Patio.						
ric Ahlbrand Executive Director - Over all the building. Questions or concer the building in general. Extension 103							
Jessie Hoskins	Business Office Manager - Medicare, Medicaid, billing questions. sion 104						
Kris Beck	Human Resources - Hiring process, insurance, workman's comp, 401K.						
Audra Rose	Director of Nursing - Questions about medical related issues.						
Ashley Salsman	Assistant Director of Nursing and wound care.						
Darby King	Maintenance Director - Maintenance requests, Wi-Fi or television issues.						
Ashley Dickerson	Housekeeping and Laundry services - Questions about cleaning, deep cleaning, or laundry. If you need paper towels, hand soap, etc. Extension 118						
Marty Flatt	Life Enrichment Director - Activities, activity calendars, and works with the transportation department. Extension 117						
Justin Homler	Dietary Manager - Dietary issues, meal concerns, menu. Extension 109						
Jim Staggers	Chaplain - Spiritual counseling or concerns.						
Lisa Smith	Social Service Director - Sign up or change ancillary services (podiatry, audiology, optometry and dental), grievances (missing items, concerns) Home Health, Palliative Care or Hospice Services, Psych Services, Issues or concerns with other residents or staff or general questions. Extension 120.						
Jennifer Roose	Admissions/Marketing - Admissions to the condos, assisted living and skilled unit.						

For Dining Menus and Calendars of Events, go online to www.AsburyTowers.com. Check us out on Facebook for more photos, announcements, events and opportunities.



# Volunteer program coordinator honored by DePauw University

Asbury Towers is proud of volunteer activities coordinator Sandy Masten, who was recognized recently as Outstanding Site-Supervisor by DePauw University's Civic Engagement and Bonner Scholar Program.

"The site supervisor has made a profound impact on their students, both personally and professionally, and they have contributed meaningfully to the broader community. Simply put, life would not be the same without their presence and influence." Sandy engages with dozens of DPU student volunteers who spend time with Asbury Towers residents. Well done, Sandy!

**DOCTOR** 

#### ASBURY TOWERS WORD SEARCH

SKILLED

TOWERS
RETIREMENT
COMMUNITY
HAMMOND
LOBBY
HUTCHESON
FANCY
VILLAGE
POPLAR
THERAPY

THREE SISTERS

HAYS

MADISON

NURSE

**ASBURY** 

T	H	R	E	E	S	I	S	T	E	R	S
Т	D	E	L	L	Ι	K	S	Z	F	E	F
L	V	T	0	M	E	R	S	R	W	$\mathbf{T}$	T
I	I	I	R	A	L	P	0	Р	N	Y	Y
U	$\mathbf{L}$	R	R	W	K	T	Y	N	0	Р	T
Q	L	E	N	U	C	С	E	Y	S	A	I
Н	A	M	M	0	N	D	В	A	E	R	N
A	G	E	D	A	R	В	Ε	S	Η	E	U
Y	E	N	F	U	0	Η	S	В	C	H	M
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CARE

OUILT

#### EXTRA EVENTS IN JUNE

Saturday, June 14 – 10 a.m.to Noon -- Condo Open House at 214 W. Seminary St.

Saturday, June 14 — 1:30 p.m. Euchre Club

Wednesday, June 18 – 4 p.m. to 6 p.m. -- Community Cookout located in our courtyard.

Friday, June 20 – 2 to 3 p.m. -- "Everything you want to know about Hospice and Palliative Care but you don't know what to ask" event. Gentiva Hospice and Affinity Care will be here with information about both their companies and what they offer.

### **Asbury Towers and Village Photo Album**









## **Highlight Your Calendar!**

Your June activity calendar includes many activities that everyone is invited to attend. Here are some highlights you might want to note:

- \* Night Bingo on Tuesday, June 3 and Tuesday, June 24 at 6 p.m. in the Main Dining Room.
  - \* Resident Council on Tuesday, June 10 at 1 p.m. in Main Dining Room.
- \* Taste of Asbury on Wednesday, June 25 at 2:45 p.m. in Main Dining Room.
  - \* Glamour Hour on Monday, June 30 at 2 p.m. in Main Dining Room.
  - \* Saturday Bingo at 1:30 p.m. on Saturdays in Main Dining Room.
  - \* Crafts with Lori on Tuesdays at 2:45 p.m. in Main Dining Room.
- \* Mystery Ride on Fridays at 1 p.m., leaving from Lobby, weather permitting.
- \* Community Garage Sale on Saturday, June 28 at 9 a.m. in Main and Courtyard.

















## Village Cookout





## Taste of Asbury

### Featuring Peanut Butter and Jelly Kabobs



Each month, Asbury Towers residents are treated to some culinary delights as Chef Justin and the dietary staff create samples for our residents to enjoy.





### **Gnomes: Guardians of the Garden**

Gnomes have been a part of gardening culture for centuries, bringing charm and whimsy to yards around the world. These small, bearded figures are said to be protectors of gardens, watching over plants and warding off pests.

Their popularity is celebrated every June 10 on International Garden Gnome Day, a fun occasion for garden enthusiasts to showcase their favorite gnome statues. Some even extend the festivities into Gnome Week, taking the time to rearrange their gnome displays or add new ones.

The tradition of garden gnomes dates back to 19th-century Germany, where they were originally made from terra-cotta. By the late 1800s, they had spread across Europe, becoming especially popular in England.

The first mass-produced gnomes were

created by a German company called Philipp Griebel, whose descendants still produce them today.

Gnomes have even made their way into pop culture.

(Continued on Page 8)



#### Page 8



**Notable Quotable** 

"You know when you're young you think you will always be. As you become more fragile, you reflect and you realize how much comfort can come from the past."

~ Andy Griffith, born June 1, 1926

### June Horoscopes and Birthdays

In astrology, those born between June 1–21 are Gemini's Twins. Geminis love conversation, and they're good at it, too! Witty, intellectual, curious, charming, and imaginative, they're the life of the party. If you were born between June 22–30, that makes you a Crab of Cancer. Crabs are nurturers, dedicated to their home and family. Gentle and kind, they love storytelling around the dinner table and enjoy traditions.

Celebrities born in June include:

Andy Griffith – June 1, 1926 Morgan Freeman – June 1, 1937 Curtis Mayfield – June 3, 1942 Dean Martin – June 7, 1917 Joan Rivers – June 8, 1933 Gene Wilder – June 11, 1933 Burl Ives – June 14, 1909 Meryl Streep – June 22, 1949 June Carter Cash – June 23, 1929 Mel Brooks – June 28, 1926

### Guardians of the Garden (Continued from Page 7)

From fantasy novels to animated films, they are often depicted as mischievous yet wise creatures. Some travelers even participate in "gnome-napping" pranks, where a garden gnome is taken on an adventure and returned with photos from its journey.

Beyond their playful reputation, gnomes bring a sense of personality to gardens. Whether tucked among flowers or standing guard by a vegetable patch, they add a touch of fun to outdoor spaces. Paired with colorful flowers, stone pathways, or miniature fairy gardens, gnomes can make any yard feel magical. As June arrives and gardens come into full bloom, it's the perfect time to celebrate these tiny guardians. If you don't already have a garden gnome, this might be the year to welcome one into your yard!

### Koolers Knob (Continued from Page 1)

I developed my love and appreciation for the outdoors at Koolers. I learned proper etiquette for using a "party line," and no, my Summer Home prank didn't go over so well! I learned a lot about animals (both wild and tame) and picked up a lot of life lessons from my grandparents and their acquaintances. My grandfather owned the John Deere dealership in Seymour and the "Parts Counter" was the first thing you saw when you walked through the front door of the dealership. Customers and employees interacted a lot at the Parts Counter discussing everything from the weather, local politics, general scuttlebutt...oh, and they'd occasionally discuss farm equipment!

I learned a lot from my grandfather on how to talk with people with different beliefs, different backgrounds, educational differences and more. The time I spent with my grandparents really was the major influence that developed the person I am today.

Needless to say, I look forward to summer every year and it's mainly due to the great memories I have growing up. Future newsletter editions from me will be under the "Lessons From Behind the Parts Counter." I hope you enjoy them as much as I will reminiscing about them!

**CHEERS!**